HOLY SPIRIT HEALING MINISTRY INTERNSHIP
Physical Healing Class Week One: “The Healing Ministry of Jesus Christ”

Presentation:

I. The Kingdom of God is at Hand (Mk1:14-22):
   A. Conversion is necessary—Repent!
   B. Believe in the Good News!
   C. Evangelization precedes and accompanies healing.

II. The Kingdom of Satan is Being Destroyed! (Mk1:22-31):
   A. Jesus teaches with authority.
   B. Jesus’ authority is confirmed with healing.
   C. Sickness, infirmity, and death are destroyed by Jesus!

III. Healing Illustrates the Physical Dimension of Salvation:
   A. Greek sotzo means either “to save” or “to heal (Lk8:48).”
   B. Greek therapusen root of English “therapy (Lk5:13; 7:21)”
   C. Creation is good, a traditional Roman Catholic viewpoint

IV. Nearly 20% of Gospels Deal with Jesus’ Healing Ministry:
   A. Healing is emphasized more than any other aspect of Jesus’ ministry
      (Healing and Christianity, Morton Kelsey)
   B. Jesus used healing as a vivid audio-visual teaching aid (Mk3:3).
   C. On the way to, from, during other ministry, Jesus heals (Mk5:21-43)

V. Healing is Integral to Jesus’ Ministry:
   A. Teaching and healing exercised together (Lk6:18).
   B. Jesus empowers His disciples to preach and heal (Lk9:1-6; 10:8)
   C. Healing marks the Church’s ministry after Pentecost (Acts10:38).

VI. Development of the Sacrament of the Sick:
   A. Scriptural basis (Mk6:13; Jas 5:14)
   B. From healing prayer to deathbed ritual---“Extreme Unction”
   C. Vatican II renewal of the Sacrament of the Sick—a healing emphasis!

Practicum: 4 Spiritual Laws--Reception of Jesus Christ as Lord and Savior
Praying as Jesus Would Pray
Presentation:

I. Jesus Exercises a Healing Ministry:
   A. The Kingdom of God is destroying the kingdom of Satan (Mk 1:14)
   B. Jesus’ teaching is marked by authority (Mk 1:22).
   C. Jesus heals us to establish or deepen our relationship with Him and to strengthen us to serve His people (Mk 1:31; 16:37).

II. Jesus authorizes His Disciples to Heal the Sick:
   A. To the 12—authority to evangelize and heal (Lk 9:1-6)
   B. To the 72—prepare the way before Him with healing (Lk 10:9)
   C. Positive results bring rejoicing to disciples and Jesus (Lk 10:17-22)

III. Jesus Commissions All Believers to Heal the Sick:
   A. EVERY believer—this means YOU (Mk 16:17)!
   B. Healing is a sign of salvation, Jesus’ victory (Mk 16:17).
   C. The Lord confirms our ministry with these signs (Mk 16:20).

IV. You will Receive Power!
   A. The Pentecost Event—power to evangelize (Acts 1-2)
   B. The Baptism in the Spirit is for us today, too (Mt 3:11; Mk 1:8; Lk 3:16; Jn 1:3; Acts 1:4ff; 19:1-7)!

V. The Holy Spirit Equips Us in Healing Ministry:
   A. Charismata—gifts, tools for service (1 Cor 12:4ff)
   B. Gifts of healing: physical healing, inner healing, deliverance
   C. Faith (12:9)
   D. Miracles (12:10)
   E. Discernment of Spirits (12:10)
   F. Different people, differing gifts (12:1)
   G. Reception of gifts (ministry) versus manifestation of gifts

Practicum: “Prayer for the Baptism in the Holy Spirit/Reception of Gifts”
HOLY SPIRIT HEALING MINISTRY INTERNSHIP
Physical Healing Class Week Three:
“Psychosomatic & Psychogenic Causes Of Illness”

Presentation:

I. It’s NOT “Just in Your Head!”
   A. Human person, a complex unity of body, soul, and spirit
   B. Environmental factors foster/hinder good health
   C. Discovering causes rather than focusing on symptoms

II. Definition and Terminology:
   A. Psychosomatic—concerned with the series of causes of illness—chemical, emotional, physiological, traumatic…
   B. Psychogenic---originating in the psyche(soul) of an individual—i.e. emotional causes of body processes
   C. Example: A headache could be viewed psychosomatically by tracing circulatory constrictions of blood vessels causing headache pain. A psychogenic approach would examine the role of emotional stress as the trigger of headache pain.

III. Benefits of an Integrated Understanding:
   A. Prevents a superficial ministry to the sick which might be too taken up with symptoms rather than causes.
   B. We begin to see good health as God’s gift to a person who lives in harmony with his environment.
   C. Increases our appreciation for and complementation of the expertise

IV. In Jesus’Ministry:
   A. Jesus diagnoses(Greek---“sees through”) to the heart of the matter(Mk2:1-12)—“Your sins are forgiven!”
   B. Sometimes, Jesus discerns a demonic cause for the sickness of someone brought to Him(Mk 9:14-29).
   C. Jesus acknowledges the role of the will in healing the blind man at Jericho(Lk 18:35-43).

V. A Community of Healing:
   A. When someone gets sick, we have failed somehow in caring for him. It’s our job to be a source of healing(Jas 5:16).
   B. Our first experience of community, our families are often places of hurt; even our brothers and sisters in the Lord hurt us, too, resulting in illness(1Cor 11:28-32).
   C. Examples: Sisters with arthritis, Chuck’s father, Tom...

Prayer of Command for Healing in Body, Soul, and Spirit

Place your right hand (symbol of authority) over your heart (symbol of the center of your being) and **pray aloud** (*hearing* these commands has a powerful effect) using these or similar words:

Father, in the Name of Jesus Christ, and in the power of the Holy Spirit, I speak now in Your power and authority to my **body**. I command my respiratory system to be healed. I command my circulatory system to be healed. I command my digestive system to be healed. I command my immune system to be healed and super-charged by the almighty power of the Holy Spirit! I command my lymphatic system to be healed. I command my endocrine system to be healed. I command my reproductive system to be healed. I command my dermatological system to be healed. I command my eyes to be healed and eyesight to be restored. I command my ears to be healed and hearing to be restored. I command my sinuses, nose, and throat to be healed. I command my musculo-skeletal system to be healed. I command my spine and all my joints to come into perfect alignment in the Name of Jesus Christ. I rebuke pain in the Name of Jesus Christ. I rebuke all the infection and inflammation in my body in the Name of Jesus Christ. I command all allergies and hypersensitivities to be healed. I call to attention and curse every cancerous cell within me and I command them all to whither up and die and pass harmlessly out of my body now, in the Name of Jesus Christ. I loose the light and healing power of the Holy Spirit into every cell, every neuron, every fiber of my physical body to bring abundant life, perfect health, and deep peace to my body in the Name of Jesus Christ. I thank You---Father, Son, and Holy Spirit! Amen!

Father, in the Name of Jesus Christ, and in the power of the Holy Spirit, I speak now in Your power and authority to my **soul**. I command all of my thought processes to function according to the mind of Jesus Christ. According to the Word of God, I now bring into captivity every harmful imagination and every deceptive thought. I bind them in the Name of Jesus Christ and send them now directly to the feet of Jesus Christ, for Him to dispose of as He wills. I leave worry behind forever. I shake off depression. I renounce all fear and anxiety. I safely and completely release all feelings of hate, anger, violence unforgiveness, resentment, bitterness, depression, guilt, lust, and any other harmful emotion now, and place them all at the foot of the Cross. I command all my emotions to be healed now, in the Name of Jesus Christ. I speak God’s peace of mind, the peace that passes all understanding, to guard my mind forever, in the Name of Jesus Christ. I command my intellect to be healed. I command my memories to be healed. I command my will to be healed and strengthened. I command all my personality flaws to be healed. I command all hurts and trauma from the past to be healed in the Name of Jesus Christ, in the Lord’s timing. I renounce any harmful attachments to anyone and anything. With the Sword of the Spirit, I now forever sever all harmful soul-ties between me and any other creature. In the Name of Jesus Christ, I now bind any and all evil spirits present within or around me. I bind them away from their rulers and bind them all together and cast them out and away from me now in the Name of Jesus Christ. I send them directly now to the feet of Jesus Christ, for Him to dispose of as He wills. Thank You---Father, Son, and Holy Spirit! Amen!

Father, in the Name of Jesus Christ, and in the power of the Holy Spirit, I speak now in Your power and authority to my **spirit**. I forever renounce Satan all his works, and all his empty promises. I renounce my life-long attachment to sin and repent now of all my sins. I firmly resolve never to sin again. I decide to avoid all occasions of sin. I leave all my sin in the past and decide to start a new life, beginning right now. I wholeheartedly accept the Lord’s unending mercy on and forgiveness of me. I renew my baptismal promises and declare I am a good, beloved, and precious son/daughter of God! I receive Jesus Christ as my personal Lord and Savior. I am saved by the Blood of Jesus Christ shed for me on the Cross. I freely, joyfully, and irrevocably consecrate myself to the Sacred Heart of Jesus and the Immaculate Heart of Mary. I loose Life and Love Itself, the creative power of the Holy Spirit to guide me into holiness, freedom, joy, peace, hope, love, and trust. Release all the gifts of the Holy Spirit within me, Heavenly Father, so I can better serve the Body of Christ. Let Your love be a healing balm to my immortal spirit, for I pray in Jesus’ Name. Thank You---Father, Son, and Holy Spirit! Amen!
Presentation:

   A. **Interview**—ask: “What do you want me to pray for?" Listen to the response and to the Lord’s direction.
   B. **Diagnostic Decision**—determine cause of the problem
      Is it physical, emotional/mental, spiritual, or a blend of these?
   C. **Prayer Selection**—how to pray, generally two choices:
      1. Petition to God for healing
      2. Rebuke of illness/demon
   D. **Prayer Engagement**—starting the actual healing prayer itself:
      1. **Invite the Holy Spirit** to come upon the one being prayed for.
      2. **Pause to discern** possible manifestations of the Holy Spirit:
         (shaking, trembling, weeping, laughter, resting in the Spirit,
         loud praise, etc.)
      3. **Question**: “What is happening?" As God’s power seems to subside, conclude prayer.
   E. **Post-Prayer Direction**—reassurance, encouragement, follow-up. Share any words the Lord may have given you for the one being prayed for, if appropriate.

   A. **Listening**:
      1. Carefully listen to the one being prayed with and to the Lord.
      2. Determine whether or not to pray.
      3. Decide how to pray.
   B. **Laying on of Hands**:
      1. Sometimes one may feel “electricity” or warm in the hands.
      2. Expression of love and concern.
   C. **Actual Prayer**:
      1. Turning to God, experiencing His presence
      2. Petition with a specific prayer, visualization, etc…
      3. Pray with confidence, i.e. faith.
      4. Pray with thanksgiving, trusting that God has already worked.
      5. Praying in the Spirit (in tongues--Rom 8:26-27) is effective.

   A. **Ask God to take the next loving step** in the one being prayed for:
      1. A “no-rush” approach, highlights the process nature of healing
      2. Open yielding to God’s Will for the one being prayed for
      3. A gentle, loving way of praying
   B. **Lay on Hands, gently, as the Lord leads.**
      1. Results in more “permanent” healings
      2. Cause of symptoms is ministered to, often isolation, loneliness
C. **Avoid rash “claiming of healing”**
   1. Claim only what the Lord has clearly done.
   2. Seek verification of healing, if necessary.
   3. Remember, healing is normally a **process**.

IV. **Other Important Points to Remember:**
A. **Jesus heals, not our faith!**
   1. Jesus ministers healing through us by the power of the Holy Spirit with the LOVE of the Father.
   2. Faith is God’s gift.
   3. If you think you need more faith, **ask for it** (Lk9:1-6).

B. **Regarding Medication and Health Care Professionals:**
   1. If you are not a doctor, **do not tell anyone to stop taking medication**! To do so would be practicing medicine without a license and could be dangerous!
   2. Encouraged the one healed to return to his doctor.
   3. Foster co-operation with health care professionals. Be understanding and respect their healing gifts.

C. **There are NO magic ways to heal!** Only God heals, not a technique!

D. **Be persistent—Keep Praying!** It is God’s General Will to heal!

E. **You** are anointed with power & authority (Lk9:1-6)! What to do if there is demonic manifestation—the **shut-down maneuver:**
   1. **Stop praying** over the person at once. This will often calm things down. Address the person by name and ask if he is alright. By speaking with someone, his will is engaged and therefore defuses any demonic manifestation. More prayer over someone like this is like “picking a fight” with a demon. Don’t fight unless you are sure you will win! **Pray the Binding Prayer for protection.** Get assistance/make a referral.
   2. Schedule deliverance ministry to insure proper preparation.

F. **Caution with laying on of hands!** Be sure it is done with **modesty**. Take special care with laying on hands on someone who has been sexually abused.
   1. Ask: “May I lay my hands on your head/hold your hand while we pray?” if you sense uneasiness in the one seeking healing prayer.
   2. Be aware of any improper interaction between the sexes—ask someone of the same sex of the person seeking prayer to pray with you to avoid potential problems.

G. **Keep learning and be flexible!** God will show you many new ways to pray. Save “experimentation” for someone who would understand!

V. **Some Guidelines for Resting in the Spirit:**
A. **Don’t panic** or begin CPR!
B. **Make sure the one resting in the Spirit is comfortable:**
   1. **Lying flat** with arms close to side or on the chest/abdomen
   2. **Modesty issues**—use a coat/jacket to cover, if necessary
   3. **Do not** push people down!
   4. **Do not** keep someone from falling (“catchers” note!)
   5. **Pray gently**, with a light touch on the cheek or head.
   6. **Do not disturb** one who is resting in the Spirit!
   7. **Benefits** include healing on all levels, deep peace, a sign to the assembly that God is at work.
   8. Resting in the Spirit is **not necessary for healing** to occur, so please **seek the Lord**, not the manifestation!

**Practicum:** **Practice Some Healing Techniques!**
Presentation:


   A. Basic Principle: “If Charles & Frances can do it, you can too!”
      1. Believers will lay hands on the sick (Mk 16:18).
      2. The supernatural can be “taught.” (“caught?”)
      3. God wants to heal and wants us to do it!

   B. Believers do the Work of Jesus!
      1. Jesus Himself foretells it (Jn 14:12).
      2. God grants us what we pray for (Jn 14:13-14)
      3. God's Will is joy for us! (Jn 16:22-24)

   C. Prayer of Command for Healing—Jesus' Model:
      1. There are many ways to heal the sick!
      2. We have no record of Jesus praying for the sick—He heals them!
      3. A command exercises authority of Jesus (Lk 9:1-6).

II. The Hunter’s Healing Ministry Techniques (Some of Them!):

   A. TNT: “The Neck Thing” For neck pain, headaches, eye, ear, jaw conditions:
      1. Grasp the head with your hands, placing your thumbs pointing up and parallel to the ears, just below the temple, with the fingers gently curing around the back of the head.
      2. Command the neck and upper back muscles to relax and the spine to come into perfect alignment, in the Name of Jesus.
      3. GENTLY roll and rotate the head, being careful not to jerk it suddenly.
      4. Rebuke any remaining pain, in the Name of Jesus.
      5. Ask the person how he feels. Repeat steps 1-3 if necessary.

   B. TAT: “The Arm Thing” For pain/conditions in upper/mid back, shoulders, bursitis, numbness in arms, hands.
      1. Ask person to stand with toes even.
      2. Instruct him to swing his arms at his side.
      3. Extend his arms stretching forward with palms facing each other ¼” apart.
      4. Bring arms together. Bend at elbows to check length of arms by looking at the fingertips—if they do not line up, there is a difference in arm length.
      5. Extend the arms again.
      6. Command the muscles in the upper and mid back to relax, the spine to come into alignment, and the short arm to grow in the Name of Jesus.
      7. Verify arm length by repeating steps 3-4.
C. “TLT:” “The Leg Thing” For pain/conditions of the low back, hips, knees, feet.
   1. Seat the person, sitting up straight in a straight-back chair.
   2. Squat/kneel facing the person. Extend the legs, grasping them with your hands, placing your thumbs on the inner ankle bones to check leg length. If your thumbs do not line up, there is a difference in leg length. Proceed if there is a difference.
   3. Command the low back and leg muscles to relax in the Name of Jesus.
   4. Command the short leg to grow out, in the Name of Jesus.
   5. Verify length by repeating step 2.

D. “TPT:” “The Pelvis Thing” For scoliosis, PMS, low back pain, constipation, diarrhea, bed-wetting, conditions of the reproductive system, etc…
   1. Have the person stand with toes even.
   2. Grasp the tops of the illium (pelvic bone) on the “hips.”
   3. Command all the low back muscles, tendons, ligaments to relax in the Name of Jesus.
   4. Command the pelvis to rotate into perfect alignment in the Name of Jesus. Do NOT twist the person!

E. “TTT:” “The Total Thing” An Overhaul! TNT, TAT, TLT, TPT!

III. Points to Remember:

A. Unless you are a doctor, you have no authorization to perform any “alignments!” This is why we pray, in the Name of Jesus—He does the work! Strictly speaking, we are not manipulating the spine, arms, legs, pelvis.

B. If one method does not seem to work, try something else. God will teach you as you go!

C. Remember, healing is often a process. It may take time!

D. If there is a healing, praise God. If not, praise God!

E. Keep a positive attitude. Don’t get over serious or “spiritual.” Sick people are depressed enough already. The JOY of the Lord is your strength!

F. Hunter Books
   201 McClellan Rd
   Houston, TX 77339
Presentation:
I. In the Ministry of Jesus and His Disciples:

A. Jesus goes to the homes of the sick and heals them (Mk 2:1-12; 5:22-43).
B. Jesus heals in the synagogue & where sick are gathered (Lk 13:10-13; Jn 5:1-15).
C. The disciples do the same (Acts 3:1-10; 5:15-16).


A. Preparation:
1. Remind yourself of God’s desire to heal (Mk 1:41; 1Pt 2:24).
2. Remember Jesus has already conquered the Enemy (Eph 1:20ff).
3. Read Scripture to remind yourself:
   a. Who you are in Christ (1Jn 3:1; 2Cor 5:21; Eph 2:4-6)
   b. You are God’s co-worker (2Cor 6:1)
   c. You have a mission to heal (Jn 20:21; Mt 10:7-9; Acts 1:8)
4. Empty yourself of fear, presumption, and worry because you can do nothing alone and God is with you (Jn 5:19-20; 15:5)

B. Six-Step Procedure:
1. Invite the Holy Spirit for guidance and discernment when arriving at the hospital/sick room.
2. Ask yourself what kind of environment or atmosphere is present—fear, death, suspicion, despair? Consider/discern the possibility of demonic activity.
3. Concentrate on what God is showing you to do, not on the apparent condition of the sick one, no matter how critical.
4. Ask God to help you show His love for the patient by touching him, hold his hand, soothe his brow, etc…
5. Read a Scripture passage aloud to release faith.
6. Pray aloud for God’ Mercy, encouraging the patient to pray along with you.
III. Special Considerations:

A. Hygene:
   1. Be careful to thoroughly wash your hands before and after each visit.
   2. Use common sense in touching the sick person. Don’t lay hands on an open wound or an a painful area. If possible, establish some physical contact.

B. Equipment:
   1. Beeping, dripping, jungles of tubes and wires can be frightening! Don’t be intimidated or interfere with them. If there is a malfunction/ alarm while you’re there, call a nurse.

C. General Pointers:
   1. Don’t stay too long! Short prayers work great!
   2. Sit down to be at eye-level, if possible.
   3. Speak quietly—most sick folks aren’t deaf!
   4. Be considerate of & co-operate with family & nursing staff—they may need ministry, too.
   5. Obey visiting hours. It is best to visit in the afternoon/evening to avoid doctors’ visits/bathtime.

D. Remember What You Have Learned:
   1. Relax—let God do all the work! Keep open to Him!
   2. Let the Holy Spirit show you how to minister!
   3. As the Spirit leads, select/adapt a model of ministry. Pray & expect God to work!
   4. Be available—maybe the one to be healed will be a family member, nurse, or the maintenance man!
   5. Thank God for how He has already begun to work!
   6. Praise God even if nothing seems to happen because God deserves our praise anyway! Hallelujah! Amen!

Practicum: Make a hospital/home call
HOLY SPIRIT HEALING MINISTRY INTERNSHIP
Physical Healing Class Week Seven: “Healing & Death”

Presentation:

I. Death is Swallowed Up in Victory:

A. Jesus Rose From the Dead—the Focal Point:
   1. Crucifixion (Lk 23:44-49)
   2. Burial (Lk 23:50-56)
   3. He is risen, as He said, alleluia! (Lk24:6, 13ff)

B. Death, Where is Your Victory? (1 Cor 15:55-58)
   1. Sin, the sting of death (v 56)
   2. Victory in Jesus (v 57)
   3. Serve the Lord faithfully—hang in there! (v 58)

C. Nothing, Not Even Death Can Separate Us From the Love of Christ (Rm 8:35-39)
   1. Not trial (v 35)
   2. Not death (v 38)
   3. Not demons (v 39)

II. Death, Not as Failure, but as “Sister”:

A. St. Francis of Assisi welcomed Death as his “Sister,” for she led him to be with the Lord forever (“Canticle of Creatures.”)
   1. Death as a part of creation after the Fall.
   2. Incarnational theology

B. Death as the “Ultimate Healing”:
   1. If we are healed for two reasons:
      a. to grow in relationship with God (Mk10:13-16)
      b. to be strengthened to serve the Body of Christ (Mk1:31)
   2. Then, Death itself is a healing:
      a. We enter into an entirely new dimension of relationship with the Lord (Jn 14:1-4,18)
      b. We become one with the “cloud of witnesses” (Heb 12:1)

C. Death as an Expression of God’s Mercy:
   1. Relief from pain and suffering, e.g. cancer
   2. Peace for family, friends
   3. Dying person becomes an icon (eikon) of Jesus on the Cross.

   1. Lack of Faith—skepticism, doubt. Remember faith is God’s gift/process.
   2. Redemptive Suffering—Sickness can be used by God for a higher purpose
   3. Confusion re Suffering—Guilt for being sick, asking God for healing.
   4. Sin—Unrepented sin, especially unforgiveness can block healing.
5. Non-specific Prayer---It may be necessary to get to the cause of sickness.
6. Faulty Diagnosis---mistakes in discernment
7. Disdain for Health Care’s Healing Role: see Sir 38:15
9. Now is Not the Time—Healing sometimes is a process. Or not at all.
10. Wrong Minister of Healing—Try someone else!
11. Unhealthy Environment---Healing cannot be sustained in “sick” situation.
12. Insufficient Instruction—ignorance of God’s Will and Power to Heal
13. Healing Hindered by Erroneous Ideas:
   a. God is seen as author of sickness.
   b. God would be better glorified by suffering, rather than by healing.
   c. Dispensationalism—the idea that the age of miracles is past.
   d. God’s Will does not include healing.
   e. Paul’s thorn in the flesh(2 Cor 12:7) as “proof: of no divine healing.
   f. Healing was only Jesus’ ministry, not ours.
14. Sickness might be caused by a demon which must first be cast out.
15. Sick person doesn’t really want to be healed.
16. Over-emphasis on symptoms and not on God’s work.
17. Faith not put into action.
18. Giving up under trial.
19. Neglect to receive the Holy Spirit—Rom 8:11, 12:1
20. Failure to receive God’s Word as directed to them. Ps 136:2
21. Won’t believe until healing is complete.
22. Some base faith on improvement rather than on God’s promises.

IV. Ministering to the Dying:

A. Healing Always Occurs When We Pray:
   1. Ask and receive(Jn 14:13-14)
   2. Keep aware of our victory over death.
   3. Discern before praying whether to pray against death.
B. Jesus, the Comfort of All Who Grieve:
   1. He wipes away our tears(Rev 7:15-17; 21:1-4)
   2. He lifts our heavy burdens(Mt 11:28-30)
   3. He welcomes us into Paradise(Lk 23:43; Rev 22:16-18)
C. How to Face the Fear of Death:
   1. Jesus calls us not to fear(Jn 14:1; Lk 8:50).
   2. Jesus frees us from fear of death(Heb 2:14-18)!
   3. God is love. Love casts out fear(1Jn 4:16-18)!
D. Touch Them!
   1. Jesus touched/was touched(Mk 1:31, 41; 5:21-43; 7:33; 8:33)
   2. Believers will lay hands on the sick(Mk 16:18).
   3. Touch expresses care, concern, love:
      a. hold a hand
      b. stroke a forehead
      c. grasp a shoulder
      d. a cool cloth on a fevered brow
      e. bear hugs!

A. Grieving is **Not the Same** as Dying, a **Definition**:
   “Grief is the normal but bewildering cluster of ordinary human emotions arising in response to a significant loss, intensified and complicated by the relationship to the person or object lost.” (p. 54)

B. Some **Signals of Grief** (pp. 53-85):
   1. **Numbness**—shock immediate or delayed
   2. **Emptiness, Loneliness, Isolation**
      a. need to reaffirm self-affirm
      b. Don’t avoid the grieving one, it compounds these emotions.
   3. **Fear & Anxiety**
      a. dread of abandonment
      b. anxiety of separation
      c. fear of the future
   4. **Guilt & Shame**
      a. taking responsibility for the loss
      b. shame is embarrassment for inability to measure up
   5. **Anger**
      a. often intense and irrational
      b. directed at God, self, person who died
      c. when repressed, requires much energy to cope
   6. **Sadness & Despair**
      a. sorrow + fear of future = despair (*de-spes*)
      b. normal & appropriate response to loss
   7. **Somatization** (*soma*—body)—psychosomatic symptoms:
      a. tightness, choking sensation in the throat
      b. shortness of breath
      c. need for sighing
      d. empty feeling in abdomen
      e. muscular weakness/tension
      f. headaches
      g. dizziness
      h. loss of appetite/weight gain/loss
      i. fatigue
      j. indigestion
      k. insomnia—almost universal

C. **Grief is Unique:**
   1. due to individuality
   2. due to intensity & complexity of attachment

VI. Concluding Comments:

A. We take life experience into ministry to dying/grieving.
B. All of us fail in word, deed, omission—yields humility.
C. Best way to minister is presence—“being there,” practical needs.
D. Remember the anniversary of death with a call, a card.

A. Sins of fathers (Nm 14:18) affect the children.
   1. Genetically — hereditary disease
   2. Spiritually — spiritual bondage, demonic assignments
   3. Environmentally — mental illness, sadness, etc..

B. Blessings:
   1. Of God — for life (Dt 30:19-20)
   2. Communal — shalom — harmony in relationships (Dt 6:32ff)
   3. Parental — for happiness in life (Dt 6:16)

C. Curses:
   1. God curses the wicked (Pv 15:10; Ps 18:15)
   2. Communal — leprosy (Lv 13)
   3. Parental — could come instead of blessing at parent’s death

D. Occult:
   1. Extremely dangerous, difficult deliverance
   2. Mediums, fortune-tellers (Lv 20:6-7), e.g., John Edwards

II. How to Pray for Generational Healing:

A. Place the Cross of Jesus Christ between each generation.
B. Break any bondage that becomes apparent through word of knowledge, in the Name of Jesus Christ.
C. Ask the Precious Blood of Jesus to purify your bloodlines.
D. Have Mass offered for the repose of your ancestors.

III. Illness With Demonic Roots:

A. Through discernment of spirits, God reveals this at times:
   1. Identify demons at work, if any.
   2. Illness not usually a demonic problem
   3. Sin, especially unforgiveness is often involved.
   4. Inner healing/counseling may be needed.

B. Do not attempt deliverance without a trained team!
   1. Bind only until discernment can be done.
   2. Learn deliverance with a trained team.
   3. Never attempt deliverance alone — it could be dangerous!
C. **Prayer for Physical/Inner Healing:**
   1. Ask God to **heal any damage** due to demonic power.
   2. Do **soaking prayer**.
   3. **Minister Salvation and the Baptism in the Holy Spirit**.
   4. Encourage **growth/accountability** in the Lord.

IV. **Healing is Accomplished by God’s Power:**
   A. **Healing** in the Name of Jesus is **not psychic healing**!
   B. The **Power of the Holy Spirit** is what heals us.
   C. This flow of **Power can be felt** at times (Mk 5:30).
   D. **Refreshment** can come when doing God’s work (Jn 4:34).

V. **Keeping Your Healing:**
   A. Be thankful to the Lord (Lk 17:17).
   B. **Grow in His love**, in relationship with Him, in service:
      1. God heals us to help us grow in love with Him.
      2. God heals to make us strong in serving the Body.
   C. **Process** nature of healing—good health choices
   D. **More repentance** may be needed to maintain your healing.

VII. **Word of Knowledge:**
   A. **Electrifies the atmosphere** if genuine—God is at work among us!
   B. **Releases** God’s Healing River, **Flow of the Power** of the Holy Spirit:
      1. Often raises expectant faith of others for healing.
      2. Many are already healed before a word is delivered.

VIII. **Role of Suffering in the Christian Life:**
   A. Sometimes God does not heal for a **higher purpose**.
   B. Pray for healing, but avoid wasting suffering.

**Practicum: Discussion**